

# January 2012

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 Clinic Closed 	3 Fitness-Food-Fun 10-12 Well Baby Immunization Clinic 1 - 4:30 <b>OASIS- 10:15 – 11:30</b> Welcome Back Coffee & Circle check <b>OASIS 12:30 – 1:45</b> Vision Boards	4 <b>SWITCH 5:30-8</b> 6-8 Mendal Art Caravan for kids 6-8 Men's Sharing Circle Fitness-Food-Fun 5:30 – 7:30	5 <b>OASIS- 10:15 – 11:30</b> Relationships <b>OASIS 12:30 – 1:45</b> <b>Addiction Presentation</b>	6	7 <b>SWITCH 11 – 1:30</b> <b>Programming To be Announced</b>
8	9 <b>SWITCH 5:30-8</b> Women's Health Clinic 6 – 8 Women's Reflexology	10 Fitness-Food-Fun 10-12 Well Baby Immunization Clinic 1 - 4:30 <b>OASIS- 10:15 – 11:30</b> <b>Addiction Presentation</b> <b>OASIS 12:30 – 1:45</b> White Buffalo Info Session	11 <b>SWITCH 5:30-8</b> 6 – 8 WHMIS Training Fitness-Food-Fun 5:30 – 7:30	12 <b>OASIS- 10:15 – 11:30</b> "From Homeless to Harvard" <b>OASIS 12:30 – 1:45</b> "From Homeless to Harvard"	13	14 <b>SWITCH – 11-1:30</b> Children's Program
15	16 <b>SWITCH 5:30-8</b> Women's Health Clinic 6 – 8 "Eekwol" Women's Sharing Circle	17 Fitness-Food-Fun 10-12 Well Baby Immunization Clinic 1 - 4:30 <b>OASIS- 10:15 – 11:30</b> Adult Mental Health <b>OASIS 12:30 – 1:45</b> Family/Social Services	18 <b>SWITCH 5:30-8</b> 6 – 8 WHMIS Training Fitness-Food-Fun 5:30 – 7:30	19 <b>OASIS- 10:15 – 11:30</b> Fabulous Foods <b>OASIS 12:30 – 1:45</b> Attitude	20	21 <b>SWITCH – 11-1:30</b> Children's Program
22	23 <b>SWITCH – 5:30- 8</b> Women's Health Clinic 6 – 8 Valentine's/Friend Cards	24 Fitness-Food-Fun 10-12 Well Baby Immunization Clinic 1 - 4:30 <b>OASIS- 10:15 – 11:30</b> Beading with Brenda <b>OASIS 12:30 – 1:45</b> Beading with Brenda	25 <b>SWITCH 5:30-8</b> 6 – 8 Men's Sharing Circle Fitness-Food-Fun 5:30 – 7:30	26 <b>OASIS- 10:15 – 11:30</b> Addiction Presentation <b>OASIS 12:30 – 1:45</b> Yoga with Sheena	27	28 <b>SWITCH - 11-1:30</b> Children's Program
29	30 <b>SWITCH 5:30-8</b> Women's Health Clinic 6 – 8 "Eekwol" Women's Sharing Circle	31 Fitness-Food-Fun 10-12 Well Baby Immunization Clinic 1 - 4:30 <b>OASIS- 10:15 – 11:30</b> Smoking Cessation <b>OASIS 12:30 – 1:45</b> Movie Afternoon				