




OCTOBER 2009



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3 SWITCH – 11:00-1:30 Well Baby Immunizations – 11:00-1:30 Guy Time – 11:00-1:00 - Cooking Fitness-Food-Fun – 11:00-1:00
4	5	6 Fitness-Food-Fun – 10:00-12:00 Well Baby Immunization Clinic – 1:00-4:30	7 SWITCH 5:30-8:00 Women – Com. Kitchen – 6:00-8:00 Food Store – 5:30-8:00 Fitness-Food-Fun 5:30 – 7:30	8	9	10 SWITCH – 11:00-1:30 Thanksgiving Dinner – 11:00-1:30 Well Baby Immunizations – 11:00-1:30 Children’s Health Clinic – 11:00-1:30 Fitness-Food-Fun – 11:00-1:00
11	12 Happy Thanksgiving  CLINIC CLOSED	13	14 SWITCH 5:30-8:00 Women – Crafts Night – 6:00-8:00 Food Store – 5:30-8:00 Fitness-Food-Fun 5:30-7:30	15	16	17 SWITCH – 11:00-1:30 Well Baby Immunizations – 11:00-1:30 Guy Time – 11:00-1:00 - Cooking Fitness-Food-Fun – 11:00-1:00
18	19	20 Fitness-Food-Fun – 10:00-12:00 Well Baby Immunization Clinic – 1:00-4:30	21 SWITCH 5:30-8:00 Women – Com. Kitchen – 6:00-8:00 Food Store – 5:30-8:00 Fitness-Food-Fun 5:30-7:30	22	23	24 SWITCH – 11:00-1:30 Well Baby Immunizations – 11:00-1:30 Dental Clinic 11:00-1:30 Children’s Health Clinic – 11:00-1:30 Fitness-Food-Fun – 11:00-1:00
25	26	27 Fitness-Food-Fun – 10:00-12:00 Well Baby Immunization Clinic – 1:00-4:30	28 SWITCH 5:30-8:00 Women – Vision Boards – 6:00-8:00 Food Store – 5:30-8:00 Fitness-Food-Fun 5:30-7:30	29	30	31 SWITCH – 11:00-1:30 Well Baby Immunizations – 11:00-1:30 Family Halloween Party – 11:00-1:30 Fitness-Food-Fun – 11:00-1:00 