

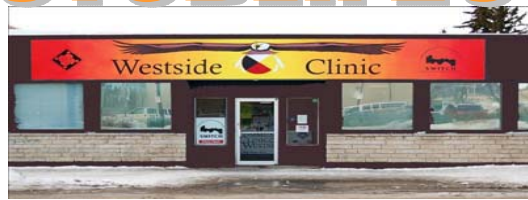


What 's Happening at Westside ?

OCTOBER 2009



Westside Community Clinic
631 - 20th Street West
Saskatoon, SK S7M 0X8
Phone: (306) 664-4310
FAX (306) 934-2506



Clinic Hours
Monday, Tuesday
Thursday & Friday
9:30 AM-12:00 Noon
1:00-5:00 PM

Wednesdays 9:30-12:00, 2:00-4:00 PM

Westside Clinic Finds New Home

The Board of Directors is pleased to announce that your Co-operative Association has purchased a new building to house our Westside Clinic. It is located at 1528 20th Street West in the Pleasant Hill neighbourhood.

The building is ideal for our current and future programming needs. The square footage of the building is over twice that of our current building. This will provide us with the extra space needed to house current programs, introduce new services and accommodate partnering organizations who wish to work closely with our staff and clients.

The criteria used to purchase the new building included: affordability; acceptability of location for clients and staff; and usability from a clinical and social perspective. Clients, staff and potential partnering organizations were consulted as we searched for a building.

Some renovations will be required with an anticipated move-in date of March 2010. For more information or to make a donation towards the facility expansion please contact Ingrid Larson, Member and Public Relations Director or Cheryl Hand, Director and Co-ordinator of Westside Services at 652-0300.

Services and Programs at Westside Community Clinic

Group programs to help you live a healthy and less stressful life.

Doctor, Nurse Practitioner, Nurse, Physical Therapy, Nutrition and Counselling Services.

Lab tests, like pregnancy tests done in the office

Help with contacting other Services and Agencies

Referrals to Specialists and other Health Care Providers

Visiting Specialists from **Infectious Disease, Obstetrics,** and **Midwifery** right here at Westside!

Home visits for people who cannot come to the clinic

Services like **X-ray** and **Pharmacy** provided by the

Saskatoon Community Clinic at 455 — 2nd Avenue North

Fitness, Food and Fun

Tuesdays 10:00 AM – 12:00 Noon

Wednesday 5:30 PM – 7 :30 PM

Saturdays 11:00 AM – 1:00 PM



Childcare provided for this and all other diabetes programs.

Food Store Opens Wednesday 5:30 PM – 8:00 PM

⇒ Fresh Fruits, Vegetables available for reasonable prices.

⇒ Eggs and Milk for sale when available



SWITCH

Student Wellness Initiative Toward Community Health

Wednesdays 5:30 PM – 8:00 PM

Saturdays 11:00 AM – 1:30 PM

Medical Services provided:

- Free Counselling and Crisis Intervention Services
- Dental Services Saturday October 24th
- Children 's Health Day October 10th & 24th

Kids Drop in Clinic & Parent Resource Centre

• Tuesdays from 1:00 PM – 4:30 PM

• Baby immunizations and check ups

Aboriginal Kokum and Elder, Louise McKinney,

present for parenting advice.