

# What's Happening at Westside ?



## November 2009

Westside  
Community Clinic  
631—20th Street West  
Saskatoon, SK S7M 0X8  
Phone: (306) 664-4310  
FAX (306) 934-2506



**Clinic Hours**  
Monday, Tuesday  
Thursday & Friday  
9:30 am – 12:00 Noon  
1:00 – 5:00 pm  
Wednesday 9:30 –12

### Flu Shots

Still available here  
Check with Reception



**H1NI VACCINATIONS**  
ations will be available at Westside  
Check with Reception



### Services and Programs at Westside Community Clinic

Group programs to help you live a healthy and less stressful life.

Doctor, Nurse Practitioner, Nurse, Physical Therapy, Nutrition and Counselling Services.

Lab tests, like pregnancy tests done in the office

Help with contacting other Services and Agencies

Referrals to Specialists and other Health Care Providers

Visiting Specialists from **Infectious Disease, Obstetrics,** and **Midwifery** right her at Westside!

Home visits for people who can not come to the clinic

Services like **X-ray** and **Pharmacy** provided by the

Saskatoon Community Clinic at 455 — 2nd Avenue North

- Food Store Opens Wednesday 5:30 PM – 8:00 PM
- ⇒ **Fresh Fruits, Vegetables available for reasonable prices.**
  - ⇒ **Eggs and Milk for sale when available**



### Westside Clinic Finds New Home

The Board of Directors is pleased to announce that your Co-operative Association has purchased a new building to house our Westside Clinic. It is located at 1528 20th Street West in the Pleasant Hill neighbourhood.

Some renovations will be required with an anticipated move-in date of March 2010. For more information or to make a donation towards the facility expansion please contact Ingrid Larson, Member and Public Relations Director or Cheryl Hand, Director and Co-ordinator of Westside Services at 652-0300.

### SWITCH

**Student Wellness Initiative Toward Community Health**

Wednesdays 5:30 PM – 8:00 PM

Saturdays 11:00 AM – 1:30 PM

Medical Services provided

- Free Counselling and Crisis Intervention Services
- Dental Services Saturday October 24th
- Children's Health Day October 10th & 24th

### Kids Drop in Clinic & Parent Resource Centre

- Tuesdays from 1:00 PM – 4:30 PM
  - Baby immunizations and check ups
- Aboriginal **Kokum** and Elder, **Louise McKinney**, present for parenting advice.

### Fitness, Food and Fun

Tuesdays 10 – 12

Wednesdays 5:30 – 7 :30

Saturdays 11 – 1

**Childcare provided for this and all other diabetes pro-**