







DECEMBER 2009



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Fitness-Food-Fun – 10 -12 Well Baby Immunization Clinic – 1 - 4:30	2 SWITCH 5:30 – 8 Women’s Pamper Night – 6-8:30p @ Princess Alex School Food Store – 5:30 - 8 Fitness-Food-Fun 5:30 – 7:30	3	4	5 SWITCH – 11 - 1:30 Guy Time – Cooking Class – 11 - 1:30 Immunizations – 11-1:30 Fitness-Food-Fun – 11 - 1
6	7	8 Fitness-Food-Fun – 10 -12 Well Baby Immunization Clinic – 1 - 4:30	9 SWITCH 5:30 - 8 Women – Candle Making – 6-8 Food Store – 5:30 - 8 Fitness-Food-Fun 5:30 – 7:30	10	11	12 SWITCH – 11 - 1:30 Children’s Health Day & Fluoride Varnish Clinic – 11-1:30 Immunizations – 11-1:30 Fitness-Food-Fun 11 – 1
13	14	15 Fitness-Food-Fun – 10 -12 Xmas Party Well Baby Immunization Clinic – 1 - 4:30	16 SWITCH 5:30 - 8 Women – Com. Kitchen – 6-8 Food Store – 5:30 - 8 Fitness-Food-Fun WBYL Xmas Dinner	17	18	19 SWITCH – 11 - 1:30 Guy Time – Cooking Class – 11 - 1:30 Immunizations – 11-1:30 Fitness-Food-Fun 11-1
20	21	22 Well Baby Immunization Clinic – 1 - 4:30 No FFF Today	23 SWITCH – CLOSED No Fitness-Food-Fun	24 CHRISTMAS EVE CLINIC CLOSED AT NOON 	25 CHRISTMAS DAY CLOSED 	26 SWITCH – CLOSED CLINIC CLOSED 
27	28 CLINIC CLOSED ALL DAY	29 CLINIC OPENS AT 9:30 AM Fitness-Food-Fun – Cancelled Well Baby Immunization Clinic – 1 - 4:30	30 SWITCH – CLOSED	31 NEW YEAR’S EVE CLINIC CLOSED 	Clinic Closed January 1st 2010	January 2 nd , 2010 SWITCH – CLOSED CLINIC CLOSED RE OPENS ON THE 4 TH

