

# February 2010

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3 SWITCH - 5:30-8 Food Store – 5:30-8 Women – Intelligent Movement – 6-8 Fitness-Food-Fun 5:30 – 7:30	4	5	6 SWITCH – 11-1:30 Guy Time – 11-1:30 Fitness-Food-Fun – 11-1
7	8	9 Fitness-Food-Fun – 10-12 Well Baby Immunization Clinic – 1-4:30	10 SWITCH - 5:30-8 Food Store – 5:30-8 Women – Self Defense – 6-8 Fitness-Food-Fun 5:30 – 7:30	11	12	13 SWITCH – 11-1:30 Children’s Health Day – 11-1:30 Dental Clinic – 11-1:30 Fitness-Food-Fun – 11-1
14	15	16	17 SWITCH - 5:30-8 Food Store – 5:30-8 Women – Kitchen 6 - 8 Fitness-Food-Fun 5:30 – 7:30	18	19	20 SWITCH – 11-1:30 Guy Time – 11-1:30 Fitness-Food-Fun – 11-1
21	22	23 Fitness-Food-Fun – 10-12 Well Baby Immunization Clinic – 1-4:30	24 SWITCH - 5:30-8 Women – Share Your Knowledge – 6-8 Fitness-Food-Fun 5:30 – 7:30 Food Store 5:30-8	25	26	27 SWITCH – 11-1:30 Children’s Health Day – 11-1:30 Fitness-Food-Fun – 11-1
28						