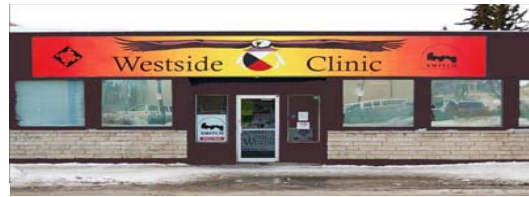




What 's Happening at Westside ? February 2010



Westside
Community Clinic
631—20th Street West
Saskatoon, SK S7M 0X8
Phone: (306) 664-4310
FAX (306) 934-2506



Clinic Hours
Monday, Tuesday
Thursday & Friday
9:30 am – 12:00 Noon
1:00 – 5:00 pm
Wednesday 9:30 -12:00
2:00-4:00 p.m.



Clinic Closed for Family Day, February 15th

Happy Valentines Day

Westside Clinic Finds New Home

The Board of Directors is pleased to announce that your Co-operative Association has purchased a new building to house our Westside Clinic. It is located at **1528 20th Street West** in the Pleasant Hill neighbourhood.

Some renovations will be required with an anticipated move-in date of April 30, 2010. For more information or to make a donation towards the facility expansion please contact Ingrid Larson, Member and Public Relations Director or Cheryl Hand, Director and Coordinator of Westside Services at 652-0300.

Services and Programs at Westside Community Clinic

Group programs to help you live a healthy and less stressful life.

Doctor, Nurse Practitioner, Nurse, Physical Therapy, Nutrition and Counselling Services.

Lab tests, like pregnancy tests done in the office

Help with contacting other Services and Agencies

Referrals to Specialists and other Health Care Providers

Visiting Specialists from **Infectious Disease, Obstetrics, and Midwifery** right her at Westside!

Home visits for people who can not come to the clinic

Services like **X-ray** and **Pharmacy** provided by the

Saskatoon Community Clinic at 455 — 2nd Avenue North

SWITCH

Student Wellness Initiative Toward Community Health

Wednesdays 5:30 PM – 8:00 PM

Saturdays 11:00 AM – 1:30 PM

Medical Services provided

- Free Counselling and Crisis Intervention Services
- Dental Services - Saturday, February 13th
- Children 's Health Day - February 13th & 27th



Fitness, Food and Fun

Tuesdays 10 – 12

Wednesday 5:30 – 7 :30

Saturdays 11 – 1

Childcare provided for this and all other diabetes programs.

Food Store Opens Wednesday 5:30 PM – 8:00 PM

⇒ **Fresh Fruits, Vegetables available for reasonable prices.**

⇒ **Eggs and Milk for sale when available**



Kids Drop in Clinic & Parent Resource Centre

- Tuesdays from 1:00 PM – 4:30 PM
- Baby immunizations and check ups

Aboriginal Kokum and Elder, Louise McKinney,
present for parenting advice.

