



*Saskatoon  
Community  
Clinic*

# *Media Advisory*

## *Celebrate five years of community diabetes programming*

**June 27, 2011 - Saskatoon** – Community Peer Leaders, Saskatoon Health Region and Saskatoon Community Clinic invite you to attend the program celebrating the fifth anniversary of the Fitness Food and Fun (FFF) program. FFF is an interdisciplinary approach to health care and addresses not only the physical, but also the mental, emotional and spiritual well-being of participants.

It has reached out to several hundred people across northern Saskatchewan and Saskatoon who are at risk of developing diabetes or who currently have diabetes.

Come meet some of the Community Peer Leaders and participants of FFF and learn how their lives with diabetes have changed as a result.

**DATE:** Tuesday, June 28, 2011

**TIME:** 10:30 a.m. (event runs from 10:00 to noon, with program at 10:30)

**LOCATION:** St. George's Senior Citizen Hall, 1235 20<sup>th</sup> St. W.

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**For more information contact:**

Ingrid Larson  
Member and Public Relation Director,  
Saskatoon Community Clinic  
Office 664-4243  
Cell 371-6644

Or

Linda Walker  
Media Relations Consultant  
Saskatoon Health Region  
(306) 655-3476