



*Saskatoon
Community
Clinic*

Community Health Services (Saskatoon) Association Ltd.

455 Second Avenue North, Saskatoon, Saskatchewan S7K 2C2 Phone (306) 652-0300 Fax (306) 664-4120

SENIOR'S CORNER

By Sandy Hagele, Seniors Volunteer Coordinator

“Library Outreach Services” Making access to materials easier

The following list of ‘Recommended Reading for Seniors’ has been provided by the Saskatoon Public Library Outreach Services. Special Services provided by the library include:

- Large print books, CD’s, videos, visual aids.
- Home reader services for those who are house-bound.
- Talking books on tape.
- A book deposit to nursing homes, senior’s apartments, and special care facilities.

For information phone Gwen Schmidt, Outreach Services Coordinator, at 975-7565, or visit their website at www.saskatoonlibrary.ca

Recommended Reading for Seniors

- | | |
|----------------|---|
| Title | Directory of services and social activities for older adults: Saskatoon Sask. |
| Imprint | (Saskatoon, Sask.) Saskatoon Council of Aging, Saskatoon Health Region, University of Saskatchewan, College of Kinesiology, 2009.
362.6 DIRE. |
| Author | Price, R. Kevin |
| Title | The Successful retirement guide: hundreds of suggestions on how to stay intellectually, socially and physically engaged for the best years of your life. |
| Imprint | Highland City, Fla.: Rainbow Books, Inc., 2009.
646.7903 PRIC - Cliff Wright Branch |
| Author | Cohen, Bruce. |
| Title | The pension puzzle: your complete guide to government benefits, RRSPs and employer plans. |
| Imprint | (Etobicoke, Ont.): John Wiley & Sons Canada Ltd., 2007.
332/2401 COHE |
| Author | Robinson, Jeffrey |
| Title | There’s a sucker born every minute: a revelation of audacious frauds scams, and cons – how to spot them, how to stop them. |
| Imprint | New York: Perigree Book, 2010 processing |

“YOUR HEALTH CARE CO-OP”

Author Wahl, Judith
Title Elder Abuse: The hidden crime
Imprint Toronto, Ont.: Advocacy Center for the elderly and community legal Education Ontario, 1998
 Community Legal Education Ontario, 1998
362.6 WAH

Author Collins, Joan
Title The art of living well: looking good, feeling great.
Imprint Naperville, Ill.: Sourcebooks, 2007
646.7042 COLL

Author Rinker, Harry L.
Title Sell, keep, or toss?: how to downsize a home, settle an estate, and appraise personal property.
Imprint New York: House of Collectibles, c2007
332.02400846 RINK

Author Krueger, Barbara
Title Knack universal design: a step-by-step guide to modifying your home for comfortable, acceptable living.
Imprint Guilford, CT: Globe Pequot, c2010
On Order

Title Housing handbook: resources for renters, landlords, and first-time home buyers in Saskatoon .
Imprint Saskatoon, Sask.: City of Saskatoon, 2008. (Law Collection)
346.730434 HOUS

Author Oz, Mehmet C. ... (et al)
Title You, staying young: the owner's manual for extending your warranty.
Imprint New York: Free Press., c2007

Author Lear, Martha Weinman
Title Where did I leave my glasses?: the what, when and why of normal memory loss.
Imprint New York: Wellness Central., c2008.
155.67123125 LEAR

Title Healthy Eating for Seniors.
Imprint Victoria British Columbia Ministry of Health., 2007
613.20846 HEAL

Author Jones, Judith
Title The pleasures of cooking for one.
Imprint New York, N.Y.: Alfred A Knopf, 2009.
641.561 JONE

Author Reeves, Bob
Title Confident computing for the over 50's
Imprint Blacklick, Ohio.: McGraw-Hill., 2010.
004.16 REEV

Author Grout, Pam
Title The 100 best worldwide vacations to enrich your life.
Imprint Washington, D.C.: National Geographic's, 2008.
374.8 GROU