

FOCUS

Saskatoon
Community
Clinic

“Your Health
Care Co-op”



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Community Health Services (Saskatoon) Association Ltd.
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CHSA Introduces Primary Care Nurse Practitioner Position to Westside Clinic

By Delvena Doucette, PCNP



Delvena Doucette, PCNP

Changes within the Canadian health care system during the past decade are having a significant impact on registered nurses and on the practice of nursing. A key factor has been the need for more cost-effective use of resources because of rising health care costs. Expedient use of health care dollars means ensuring that the right service is efficiently provided at the right time in the right place, by the most appropriate mix of health care providers. One solution to our current economic situation is

better utilization of the full scope of nursing practice.

Increased emphasis on primary care combined with the current shift from institutional to community care has created opportunities for nurses to create new roles and expand current roles. I have worked at the Saskatoon Community Clinic in a variety of roles, including that of RN, for the past 28 years. I have also worked as a nurse in rural and northern settings during this same period. In 1998 I began the educational training to become an Advanced Nurse Practitioner. Having worked for two years as an RN at Westside Clinic, I was excited at the prospect of returning in my new capacity as the Westside Clinic Primary Care Nurse Practitioner this past June.

The major impetus for the development of a Nurse Practitioner role at the Westside Clinic, came from two sources: CHSA's mandate to consistently offer clients high quality, affordable, and accessible health care and the desire to use health human resources more effectively.

Primary Care Nurse Practitioners, through both education and commensurate experience, develop advanced skills,

which facilitate diagnosis and treatment of common medical disorders as well as the on-going monitoring of clients with chronic illnesses. We prescribe and dispense drugs; order, perform, receive, and interpret reports of screening and diagnostic tests; and perform minor surgical and invasive procedures (like suturing). We also take an active role in health promotion initiatives as well as illness and injury prevention. Nurse Practitioners work in collaboration with other members of the health care team to improve health outcomes by increasing accessibility to health care delivery.

The Westside Collective functions as a strong interdisciplinary team in our efforts to impact positively on our clients and the community in which they live. We work predominately with the marginalized and disenfranchised segment of the city's population for whom the basic challenges of everyday life often seem formidable. Much of what we see relates to issues which stem directly from abject poverty. We deal with the physical illness and emotional turmoil associated with drug and alcohol addictions, domestic violence, nutritional deficiencies, isolation and substandard housing to name only a few.

An integral part of my role at Westside will be to continue our long-standing history of fostering close working relationships with other community agencies involved in various aspects of community development. I have identified Diabetes and Hepatitis C as two priority areas which that I hope to address as I become more fully acclimated to my new role.

It has been my choice to spend the summer months mainly in the area of direct patient care. We operate a walk-in clinic every morning, which keeps both the physician and I extremely busy, given the increasing demands of this growing community. My afternoons consist, for the moment, of booked appointments, during which I do pre and post natal exams, well baby check-ups, well-woman exams, and spend much needed time with

clients who are struggling to cope with the challenges of chronic illnesses like diabetes and heart disease.

Having worked in several other health care settings during the last few years, I feel extremely fortunate to have been given the opportunity to return to the Community Clinic where the Administration, the physician group and the auxiliary staff are so supportive of the Nurse Practitioner Program. Thanks to Dr. Carla Eisenhauer, Head of the Medical Group; Patrick Lapointe, Administrator; and Cheryl Hand, Head of Nursing; for their diligent efforts in securing funding for the Nurse Practitioner position. Equal thanks again to Dr. Eisenhauer as well as Drs. Helliar and Friggstad

for their on-going support, encouragement, and guidance as I become more comfortable in this challenging new role. Renovations are currently underway to provide me with an examining room and better access to our phlebotomy lab. I would be remiss in not also thanking the incredible staff at Westside Clinic for their patience and support as we work through the inevitable problems associated with progress and change.

I am looking forward to working with our own staff and those from other agencies to develop new initiatives for the betterment of our clients, their families, and the communities in which we play such an important role.

Saskatoon Community Clinic

Please telephone your physician's receptionist directly at the following numbers to make appointments:

Blue Area

Dr. Haigh	664-4216
Dr. Loftus	664-4216
Dr. Bekolay	664-4217
Dr. Eustace	664-4217
Dr. Demkiw-Bartel	664-4217

Green Area

Dr. Karpinski	664-4320
Dr. Rajakumar	664-4320
Dr. Kwok	664-4321
Dr. Olszynski	664-4321

Rose Area

Dr. Eisenhauer	664-4215
Dr. Szott	664-4215
Dr. McMahon	664-4214
Dr. Friggstad	664-4214
Dr. Helliar	664-4214
Dr. Downes	664-4214
Dr. Gagné	664-4214

Other Helpful Numbers:

Main Switchboard/after hours	652-0300
Pharmacy	664-4277
Westside Clinic	664-4310
Health Information Centre	664-4222
Member Relations	664-4243

Clip and Save

Keep Track of Important Information through a Personal Health Record

If you don't have a copy of the Community Clinic's Personal Health Record yet we recommend that you consider obtaining one, particularly if you or someone you care for is on several different medications or has multiple health problems.

Available from your Clinic physician or nurse, the Personal Health Record can help you and your family keep track of the following important information:

- Emergency contacts
- Health care providers
- Medical conditions
- Surgeries
- Allergies
- Prescription medications
- Herbal/non-prescription medications



It is recommended that you bring your Personal Health Record with you to all medical appointments and carry it with you at all times in case of emergency. The booklet is a resource you can use to ensure that your important health information is up to date and readily available.

The booklet is available free of charge to Community Clinic patients. Information is available on how to complete the booklet or you may choose to make an appointment with your physician or nurse to assist you in completing the booklet.

Please contact your physician's receptionist if you are interested in receiving a copy of the booklet or would like to set up an appointment to fill it out.

Member involvement the theme at CHSA 41st Annual Meeting

By Laurie Stone, Membership Development Co-ordinator

Member participation was the theme at CHSA's 41st Annual Meeting held June 11th at Mayfair United Church. The more than 50 members in attendance supported four resolutions, elected seven members to the board of directors and participated in small group discussions regarding ways to generate more revenue for our association.

Congratulations to returning board members Evan Carlson and Kathleen Storrie who were re-elected at the meeting. We welcome newly elected members Deb Chobotuk, Margaret Crossley, Warren Crossman, Marlene Decker and Anne Doucette. Certificates of appreciation were awarded to Larry Mullen, Graham Dove, Rick McCormick, Zara Hande, Tom Jewiss, Evan Carlson, and Kathleen Storrie for their contribution to the association as board members.

Members discussed and supported a number of resolutions.

The first resolution called on the federal government to repeal legislation that allows brand-name drug manufacturers to prolong their patent monopoly beyond the 20 year term. The resolution also calls on the federal government to support the Romanow Commission's recommendation of improved access to generic drugs.

The second resolution called upon the provincial government to institute a democratic process for electing community members to health authority boards, including support for representation from minority groups, youth, employees and equal numbers of men and women.

A resolution calling for CHSA to lobby the Premier and Minister of Social Services for a 25% increase in social assistance rates was also carried. This resolution is based on consultations with the Saskatoon Anti-Poverty Coalition, to which CHSA was urged to send a representative.

The fourth resolution encourages the CHSA Board and Administration to encourage participation by women as speakers in public health care forums.

A big thank you to all the members who participated in the small group discussions and shared their ideas on how our association might generate more revenue. These ideas will provide useful feedback to the Board of Directors, who will begin the process of a new phase of strategic planning this fall.

Members were also presented with a number of reports from the Board and Administration, including the Board of Directors Report, given by Kathleen Storrie, President. Our president also reported on the establishment of a Vision Care Review Committee. The committee developed a prototype of a survey to consult with members about their vision care needs. This was distributed to members at the meeting. Further information on this initiative will be included in future issues of Focus.

CHSA Administrator Patrick Lapointe reported on operational activities in the past year and noted several priorities for the year ahead. Patrick also gave the Medical Group report on behalf of Dr. Carla Eisenhauer, Head of the Medical Group. Dr. Eisenhauer was thanked for her dedication and service to the association. Treasurer Grant Ward reviewed our financial situation, noting that the association ended the 2002/2003 year with a deficit of \$206,478. Auditors Meyers Norris Penny were re-appointed as our Auditors for the 2003-2004 fiscal year.

Please contact Board Secretary Coreen Usselman at 652-0300 if you would like a copy of our 2002-2003 Annual Report. Thank you to all members who attended the meeting and to the numerous volunteers who helped with registration, refreshments, small group discussion and clean-up.

CHSA 2003-2004 Board of Directors

Jan Anderson
Ann Benedict
Evan Carlson
Deb Chobotuk
Louise Clarke
Lisa Coy

Margaret Crossley
Warren Crossman
Marlene Decker
Anne Doucette
Cheryl Loadman
Kathleen Storrie



CHSA Board Member Ann Benedict, left, consults with member Anne Smart during group discussions at CHSA's Annual Meeting.

News from the Health Information Centre

By Linda Main, Health Information Centre Co-ordinator

*New books, new books,
new books for new parents.....*

I Love You Rituals is a collection of positive nursery rhymes, interactive finger plays and active games to play with children from infancy through age 8.

The Year After Childbirth focuses on a woman's experience with body changes, breastfeeding, feelings about herself, work and intimacy.

Your Baby and Child encompasses the latest research and thinking on child development and learning, and reflects the realities of today's changing lifestyles and new approaches to parenting.

Better Baby Food and Child of Mine – Feeding with Love and Good Sense provide information about every aspect of positive eating and feeding for infants and children through age 5.

Parenting support and methods to improve the everyday quality of parent-child relationships are offered through the following books:

- **How to Talk So Kids Will Listen & Listen So Kids Will Talk**
- **Raising an Emotionally Intelligent Child**
- **1-2-3- Magic: Effective Discipline for Children 2 – 12**
- **Kids, Parents and Power Struggles**
- **Kids Are Worth It – A Gift of Inner Discipline**
- **Bully, the Bullied and the Bystander – Preschool to High School**

Come in and browse the resources. The Self-Serve Health Information Centre is located across from the Rose Area.

The Centre is opened Clinic hours. Assistance is offered Monday, Tuesday, Thursday and Friday, 8 – 4 p.m.

Books may be borrowed for 3 weeks.



Mervyn Stowe, left, received congratulations from Patrick Coulterman, head of the Maintenance Department and Board Member Cheryl Loadman at the Annual Staff and Volunteer Tea held at the Clinic on May 10, 2003. Mervyn achieved recognition for 15 years service to CHSA in the Maintenance Department.

Seniors' Corner



By Sandy Hagele,
Seniors Volunteer Coordinator

Volunteer Visitors Make a Difference

Since 1980, the Community Clinic Volunteer Program With The Elderly has matched volunteer visitors with Clinic seniors in order to relieve social isolation and enhance quality of life. Volunteers visit one to two hours per week, and maintain regular phone contact when visiting is not possible. Some volunteers choose to do additional tasks, i.e. shopping, walking or letter-writing. Each match is made on a one-to-one basis, depending on the needs and interests of both the senior and the volunteer.

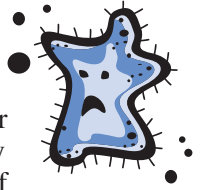
Seniors matched with volunteers are Clinic patients involved in our Seniors' program. They often live alone and are adjusting to a variety of changes and losses, i.e. housing, health, family and friends. If you have a genuine concern and interest in seniors and have good listening skills, you may want to consider becoming a volunteer visitor. After an interview with the Seniors' Volunteer Co-ordinator, a time will be arranged for staff to introduce you to the senior to "break the ice." Volunteers receive ongoing support from staff, develop valuable skills and understanding, and receive satisfaction from making a difference in someone's life.

A volunteer visitor recently described her experience this way:

"I feel I receive much more than I give. We have become friends, and she (senior) seems to perk up when I arrive. She seems more interested now in talking about current events, and is beginning to take part in some activities in her building. We've even begun to take short walks in the neighborhood. We laugh together, sometimes cry together, but there is always a big smile and a mutual feeling of satisfaction after our visits."

If you are interested in the program or would like more information, phone the Seniors Volunteer Co-ordinator at 664-4282.

Flu season approaches - protect yourself!



Influenza is an acute viral illness with a sudden onset, that produces a fever, muscle aches and cough. The illness can produce serious complications such as pneumonia, especially in people who already have health problems or who are over 65 years of age.

How do you protect yourself against influenza?

Influenza vaccine gives protection against getting influenza and its complications such as pneumonia. The vaccine is considered very safe to receive.

The strains of the influenza virus change each year. These new strains are used to make the current year's vaccine. The person who is immunized is protected for 5-6 months. It is important to get a flu shot every year.

Who can get the Flu Shot at the Community Clinic?

In order to receive the vaccine at the Community Clinic, you must be a current patient of one of the clinic physicians; otherwise you may receive the vaccine at Public Health Services. Westside patients may receive the flu shot at Westside Clinic.

How much does it cost?

The flu shot is free if you:

- are 65 years or older
- are under 65 years with any of these chronic health problems:
- chronic heart/lung disorder
- chronic conditions such as diabetes and cancer
- are 6 months to 18 years old and have been treated for long periods with Aspirin.

For others, there is a \$20 charge, payable at the time of your visit, for receiving the flu shot at the Community Clinic. This charge covers the cost of purchasing the serum.

It is public health policy in Saskatchewan to provide flu shots free of charge to individuals deemed to most be at risk for serious health complications resulting from contracting the flu. This cost is subsidized by the provincial government.

When is this year's Flu Clinic?

This year's flu clinic is October 20th to 24th and 27th to 31st, mornings from 10 a.m. to noon, and afternoons from 1 - 4 p.m. No appointment is required - just drop in to the Main Clinic. You will be asked to wait for 15 minutes after your flu shot to ensure that no reaction has taken place.

Saskatoon Community Clinic

Drop-In Flu Clinic

October 20 - 24 and October 27 - 31

Mornings: 10 a.m. to noon Afternoons: 1 p.m. to 4 p.m.

Free for seniors and those with chronic health conditions.
For others: \$20, payable at the time of visit.

No Appointment Necessary - Just Drop in

You must be a current patient at the Clinic to receive the flu shot here.

Westside patients may receive the flu shot at the Westside Clinic

Saturday Morning Services

Don't forget that the Community Clinic is open on Saturday mornings for urgent care for Community Clinic patients.

Hours are 9 a.m. to 1 p.m.

An appointment is not required. Enter through the back door of the Main Clinic and come to the front reception desk to see a physician.

Physician, lab, nursing and pharmacy services are available.

Please note that this service is not for "routine" non-urgent visits that can be accommodated at a regularly scheduled appointment.

Pharmacy services available to all even if you are not seeing a physician at the Community Clinic.

October is Membership Month!

Come and have coffee with us the week of October 27-31st as we celebrate Membership Days at the Community Clinic.

A membership greeting table will be set up at the back entrance of the Main Clinic, with refreshments, prize draws and information about membership. The hours are 9:30 - 11:30 a.m. and 1:30 - 3:30 p.m.

Congratulations to our lucky winners from Spring Membership Days. April Bourgeois won the new member draw and Marie McDonald Pryor won the membership appreciation draw. Each received a "pamper yourself" gift basket.

Thank you to our wonderful member volunteers who make membership days possible by volunteering their time to visit with members, serve coffee, juice and cookies and share information about membership. They are: Ruth Cruickshank, Barbara Danaher, Sonja Frieirmuth, Cathy Fry, Jean Hopkins, Kay Howsam, Mary Morrison, Jim Osborne, Smokey Robson, Margaret Shearer, and Kathy Storrie.

If you would like more information or to volunteer to assist with membership days please contact Laurie Stone at 664-4221.

Increased Funding From Saskatchewan Health Assists Clinic's Financial Situation

By Patrick Lapointe, Administrator

The provincial government increased its funding to our organization this year more than we expected. This will help us to achieve a small surplus for the year and to begin to restore our reserves. The increased funding we received was certainly due to the lobbying efforts made by our members, Board, staff, clients and our Saskatoon M.L.A.s.

The lobbying was undertaken when we had to reduce and reorganize services and staffing in order to operate within our means for the 2003/2004 budget year. For the past decade Saskatchewan Health funding has not kept pace with increased operating expenses in areas such as insurance, employee benefits and salaries. Decisions were made throughout this period to ensure we used our funding prudently and in the best interests of our community.

Despite the best efforts of the staff and Board, we have experienced deficits during the last three years. This resulted in depletion of our reserves to a very low level. When arriving at the budget for 2003/2004, the Board agreed it could no longer fund these increases through our reserves. If we had done this, the reserve levels would have dropped to approximately \$ 160,000. You can appreciate that this is a very small amount for an organization that has annual expenses of approximately \$8 million per year.

The increased funding we have received is targeted to a number of specific areas of need. The government

gave us an unexpected 11% increase in our staff benefit funding. We had been lobbying for this as our Employment Insurance, Long Term Disability and Canadian Pension Plan costs had increased dramatically over the last couple of years. We were having difficulty managing these increased costs without increased government funding.

The government also followed through on its commitment to fund increased salary and benefit costs of our unionized staff and to provide us \$100,000 in one time funds to:

- support the introduction of a nurse practitioner at our West Side Clinic;
- replace our obsolete phone system; and
- enhance our interdisciplinary team work.

We did not receive increased funding to support increased costs of our non-unionized staff. As we need to pay our supervisors more than the staff they manage, lack of adequate funding in this area continues to cause us financial difficulty. We pay our supervisors 95% of what they would receive if they held similar positions with one of the regional health authorities. The lack of increased funding to meet increased non-unionized salary and benefit costs is a problem across the Saskatchewan health care sector. The government has advised the sector it is aware of the problem and is considering what it can

do about it given the province's difficult financial situation.

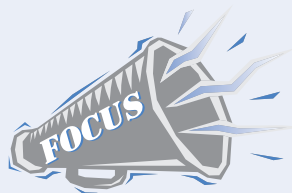
Over the last few months we have been implementing and experiencing the consequences of the service and staffing restraint decisions we made for 2003-2004. While our service volumes are similar to last years, staff in some departments are straining to maintain services to our clients, and, in the case of our indirect workers, to others in the organization.

Now that we know what our funding will be for the year we will review our service and financial management plans. We will be balancing our needs to:

- relieve the demand for needed service and the strain on our staff;
- develop new programs to meet emerging needs of our clients; and
- accumulate and maintain an appropriate reserve.

Two direct service areas in which we lowered staffing levels were physical therapy and counseling. Most of our cost containment was in staffing of our indirect services. We committed to reviewing staffing in all these areas in the event we received more funding than we expected.

Thank you for the tremendous effort you all made to ensure that we have the funding we need to maintain and enhance our primary health care services to our community.



**Have
your
say!**

The Focus Editorial Committee's main responsibility is to respond to members' concerns about Focus. The members of the Focus Editorial Committee are Debora Rolfes and Margaret Shearer.

We value your suggestions and comments about what you read in Focus. You can contact a committee member by leaving a message at 652-0300, ext. 221.

Two Feet and a Heart Beat

By Eric Regnier, Physical Therapist



For millions of years we have been doing it. In many societies up until a few hundred years ago, it was the main way to get around. In this day and age, rarely is it done just for the sake of doing it. Yes, of course I am talking about walking. Walking has evolved into frantic trips from the house to the car, from the parking lot into work, from the parking lot into the grocery store and then the driveway back into the house.

But why walk? Why walk when it's so easy to drive in air-conditioned comfort in your car that you've worked hard for? Why indeed?

It is because you do work hard to pay for your car that walking can be beneficial. Walking is exercise and exercise relieves stress. Driving and work can often increase stress. I've never heard of anything remotely like 'sidewalk rage.' Exercise keeps your heart healthy, your bones and muscles strong, your body flexible, controls weight, improves self-esteem and is accessible to anyone with two feet and a heart beat. Walking is easy, inexpensive, and one of the healthiest activities you can choose to maintain and gain physical mobility. It doesn't require insurance, worrying about bizarrely fluctuating prices of fuel, oil changes, spare tires, or maintenance costs as well as all the other fun expenses attached to operating a vehicle. Whether you saunter, shuffle, swagger, strut, prance, sashay, stroll, meander, mosey, or glide along like the breeze, here are some quick tips for any and all interested in using walking as a way of getting fit.

Stretching! Stretch as a warm up before a walk. It helps get blood moving and reduces the potential for muscle strain or injury. Stretching is an excellent way to cool down worked muscles, keeping them flexible and avoiding cramps or post activity soreness.

Wear decent shoes! No high heels or shoes with poor support like those old ratty things I keep in my shoe pile. One common misconception is that when you walk you don't attain an adequate heart-rate to achieve an aerobic benefit. This is obviously uninformed twaddle. Good posture, walking with shoulders back and down, swinging your arms more vigorously and increasing your speed and stride length can all give your ticker something to beat about. Have more than one route when you walk to keep it interesting and, if you are a real pro try walking with ankle or wrist weights.

The gurus of exercise, the American College of Sports Medicine, recommend 3-5 times a week of moderate exercise to maintain health and fitness and to decrease the risk of all the nastiness of a sedentary lifestyle: heart disease, obesity, high blood pressure, adult onset diabetes, osteoporosis and premature death, to name a few.

A moderately funny comedian once said that anywhere is walking distance if you have the time. A five to ten minute commute to work can easily be translated into a half hour brisk walk. Do it every day and the gurus of exercise would be more than happy; so would your heart, and muscles, and bones. Make it personal time to breathe deeply, to de-stress and to feel good about yourself and life.

Board and Staff News



Welcome to...

Eric Regnier and
Margie Tucker, Physical Therapists.

Thelma McRae and **Joanne Chisan**,
Registered Nurses.

Dr. Coby Demkiw-Bartel and
Dr. Veronica Eustace, Family Physicians.

Farewell to...

Karen Lloyd, who recently completed a six month practicum in the Counselling Department.

Hollie Lieslar, who leaves the Community Clinic to move to private practice.

Retirement Wishes to...

Jeannine Usselman and **Joyce Braun**, both retiring from the Reception Department after many years of service. All the best in your retirements!

Congratulations to...

Delvena Doucette, long-time employee at the Community Clinic, who has completed her Advanced Clinical Nursing Training and who has been hired as a Nurse Practitioner at our Westside Clinic.

Celine Schlosser of the Maintenance Department for achieving certification to maintain and operate our environmental control system.

Dr. Darren Schamber, former Community Clinic Optometrist on the opening of Vista Eyecare at 1112A Morgan Avenue, telephone: 955-3811.

April - July 2003 Donations

We gratefully received donations to the Saskatoon Community Clinic Foundation from the following individuals:

Alice Sophia Allen, George R. Allen, Janet I. Anderson, Mrs. Janet Anderson, Estate of Wayne Ashley, M. Lloyd & Helen Baker, William & Elma Bergen, Emilia Bertrand, Catherine Lesley Biggs, Heather Brenneman, Charles J. Burnett, Verna Cantelon, Roger Carriere, Linda Charlton, John Comer, C.O.M.E.R., William & Marjorie Cram, Ruth Cruickshank, Ed & Marlene Decker, Paul Denham, District of Sparwood BC, Graham Dove & Kathleen Slavin, Ewald Draeger, Marie Dunn, Carol Dyson, Albert & Elizabeth Epp, George & Helen Fergusson, Maurice Fosty, Edith Gardiner, Olive Gordon, Cheryl Hand & Frank Quennell, Mrs. Muriel E. Harbor, Henry Harder, Elsie M. Hill, Dr. Ervin Hoehn, Betty Hopkins, Doris Jean Hopkins, Nancy Hopkins, Eleanor Humeny, Lorie Irwin, Joann Jaffe & Michael Gertler, Evelyn Johnson, Oscar Jorgenson, Laura Jones, Hazel Jourdin, George Keter, Josephine Kiss, Alice Klein, Lillian Laing, Karen Larson, James H. & Joyce McKay, Helen McLellan, Iris McLellan, Kenneth M. Miller, Isabelle Mills, Laura Mitchell, Margaret & Terry Monks, Mary Morrow, Paul & Victoria Mostoway, Randall & Isabel Nelson, Sarah Neudorf, Jack Newman, Bertha & David Ott, Mary Pattison, Myrtle & John Pennock, Arnold & Lillian Petty, Raymond Pinto, Marjaleena Repo, Cecil A. "Smokey" Robson, Chester & Ethel Rutherford, Eva F. Ryhorchuk, Dorothy Sagan, John & Anne Sheard, Margaret Shearer, Phyllis Siemens, Adele & Ben Smillie, J. Drew & Audrey Smith, Elsie Smith, Freda M. Smith, Marcella Strom, Tillie Taylor, Genevieve Teed, Mary M. Thompson, Harold H. Tilley, Lillian Turner, Katherine Waehrer, Patricia Wall, Shirley & David Weary, Howard West, Toliver Young & Judy Henderson, Bernie & Ruth Zuk.

Donations Received in Memory:

In Memory of John & Ann Achtemichuk:

James & Nancy Yasinowski

In Memory of Tom Bell: Margaret "Peggy" Durant

In Memory of Otis Boucher: Millie Boucher

In Memory of Elsie Brown: William Brown

In Memory of Florette Brown: Peter Brown

In Memory of Darcey John & Tommy Fink: Robert Fink

In Memory of Ervin Friend: Otto & Martha Friend

In Memory of Molly Hammersmith: Alvin Hammersmith

In Memory of J. Gren Jones: Isobel Jones

In Memory of Mary Ellen Kidd: Frederick J. Kidd

In Memory of Allan Krahn: John Loewen

In Memory of Mrs. Marion Moreside: Clifford A. Matthews

In Memory of Jean Newman: Jack Newman

In Memory of Kenneth Olson: Beatrice Scyrup

In Memory of Elizabeth Paulsen: Paul Paulsen

In Memory of Donald M. Sather: Osra Sather

In Memory of Rod Skafel: Margaret A. Skafel

In Memory of Francis Spearing: Illa & Gordon Knudsen

In Memory of Emily Stevens: Allan Stevens

In Memory of Jay & Larry Syverson: Eugene I Anderson

In Memory of Carlyle H. Thon: Lois J. Thon

In Memory of John Zaremba: Malonie Zaremba

Thank you to the following businesses for their contributions to the Community Clinic Fundraising brunch held in April 2003:

Articulate Eye Designs CJWW Chatterton Janitorial Supplies
Delta Bessborough Globe Printers
Member Care Financial Services PrintWest Communications

Thank you also to the **CHSA Handicraft Club** for their generous donation to the brunch.

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Member concerns and comments are welcomed by the Member Relations Department. Please call 664-4243.

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