

## Client Care Team

Our primary care team of enthusiastic health care professionals work together to provide you with comprehensive health care. Meetings are held regularly to discuss plans, network and build supportive programs.

### Members of our team include:

- Physicians
- Nurse Practitioners
- Nurses
- Nutritionist
- Receptionists
- Occupational Therapist
- Physical Therapists
- Individual, Family, Aboriginal and Seniors' Counsellors
- Community Mental Health Nurses
- Health Care Managers
- Member Relations staff
- Health Information Coordinator
- Laboratory and X-ray Technicians
- Pharmacists
- Information Technology and Health Records Staff

## Primary Care Goals of the Saskatoon Community Clinic

As a client you can expect high quality, accessible health care. Our care goals are:

- Whole person high quality care
- Care provided by a variety of team members
- Access to services for all clients
- Services adjusted to meet individual's needs
- Client involvement in planning, delivery and reviewing services
- Wise use of health care funding
- Work with clients, their families and the community to address factors that affect their health (such as income, housing, transportation and education)

### Member Involvement

You can become a member of our health care co-operative.

Inquire at the front desk or phone Member Relations at 664-4243.

## Saskatoon Community Clinic Locations

### Downtown Clinic

455 2<sup>nd</sup> Avenue North  
Saskatoon, SK  
S7K 2C2  
Phone (306) 652-0300



### Westside Clinic

1528 20<sup>th</sup> Street West  
Saskatoon, SK  
S7M 0Z6  
Phone (306) 664-4310



### Hours of Operation

#### Downtown Clinic

Monday to Friday (Full services)  
8:30 a.m. to 5:30 p.m.  
Saturday (Drop-in Clinic with physician, lab services available)  
9:00 a.m. to 1:00 p.m.

#### Westside Clinic

Monday to Friday  
9:30 a.m. to 12:00 noon  
Afternoons:  
Monday 1:00 to 4:30 p.m.  
Tues., Thurs., Fri. 1:00 to 5:00 p.m.  
Wednesday 2:00 to 4:30 p.m.

# What is a Nurse Practitioner?



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[www.saskatooncommunityclinic.ca](http://www.saskatooncommunityclinic.ca)

September 2010

# Services Provided by Doctors, Nurse Practitioners and Registered Nurses at the Community Clinic

## What can they do? How can they help me and my family?

The Receptionist asks you,  
**“Would you like to see the Nurse Practitioner?”**

What’s a Nurse practitioner? What can they do? Could they help me?

### What is a Nurse Practitioner?

A Nurse Practitioner (NP) is a Registered Nurse (RN) with advanced training and skills. All NPs are registered with the Saskatchewan Registered Nurses Association.

### What can a Nurse Practitioner do?

In addition to the work of the RN, the NP can:

- diagnose and treat common disorders
- order and interpret diagnostic tests
- prescribe medications
- monitor chronic illnesses
- perform minor procedures

### Could a Nurse Practitioner help me?

A NP can provide care for many of the illnesses seen by physicians. This can free the physician’s time to work on more complex cases. If your care is beyond the NP’s scope of practice, you will be referred to a physician. A NP works in collaboration with physicians but does not replace them. Both your NP and family physician work with a team of health care professionals to meet your health care needs.

Illness Prevention and Health Promotion	Dr	NP	RN
Health history	✓	✓	✓
Screening (eg. eye exam)	✓	✓	✓
Health education & lifestyle counseling	✓	✓	✓
Physical exam	✓	✓	
Vaccinations	✓	✓	✓
Lab and X-ray orders	✓	✓	
Medication review and prescription	✓	✓	
Telephone advice	✓	✓	✓

Dr – Family Physician	NP – Nurse Practitioner	RN – Registered Nurse
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Diagnosis & Treatment of Common Medical Conditions	Dr	NP	RN
Initial diagnosis & treatment	✓	✓	
Adjust treatment	✓	✓	
Monitor stable condition	✓	✓	
Referral to specialist	✓	✓	
New complex conditions (eg. Cancer)	✓		



Women’s Health	Dr	NP	RN
Birth control counselling	✓	✓	✓
IUD insertion	✓	✓	
STD testing & treatment	✓	✓	
Pregnancy diagnosis	✓	✓	
Prenatal history and assessment	✓	✓	✓
Prenatal care < 32 wk	✓	✓	
Prenatal care > 32 wk	✓	✓	
Labor & delivery	✓		
Pap & breast exams	✓	✓	

Referral to Other Health Care Providers	Dr	NP	RN
In Clinic (eg. physio)	✓	✓	✓
Community Resources	✓	✓	✓
Medical Specialists	✓	✓	
Admission to hospital	✓		