

Pregnancy Options Resources

All-Options.org 1-888-493-0092

This is a free confidential talk line where you can talk to an advocate about your decision or feelings about an unwanted pregnancy. All-Options is a leader in providing open-hearted support for all pregnancy, parenting abortion, and adoption experiences, including infertility and pregnancy loss. (All-Options was previously known as Backline.)

Pregnancy Options website <http://www.pregnancyoptions.info/pregnant.htm>
[Pregnancy Options Decision-Making Workbook](#)

The above workbook may help you work through the pros and cons of having an abortion or having a baby this pregnancy.

Saskatoon Community Clinic Counseling Services

For patients receiving care at the Saskatoon Community Clinic, you may also access our counseling services. Phone **306-664-4283** to book an appointment for Pregnancy Options Counseling or additional support related to your pregnancy.

Saskatoon Sexual Health Centre (formerly Planned Parenthood)

Website <http://sexualhealthcentresaskatoon.ca/>

Address: 210 2 Ave N, Saskatoon, SK S7K 2B5

Phone: (306) 244-7989

Sexual Assault Centre

Website <https://saskatoonsexualassaultcentre.com/>

Address: #201 - 506 25th Street East, 506 25 St E, Saskatoon, SK S7K 4A7

Phone: (306) 244-2294

Sexuality and U

Website <http://www.sexualityandu.ca/>

This is a website with lots of information about birth control and sexually transmitted diseases.