



Saskatoon Community Clinic

E-News

June 2018

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Downtown Clinic

455 2nd Ave N
(306) 652-0300

Westside Clinic

1528 20th Street West
(306) 664-4310

www.saskatooncommunityclinic.ca

Join us for our Annual General Meeting

The Saskatoon Community Clinic invites you to attend our Annual General Meeting on Wednesday June 20, 2018, 7:00 p.m. (registration 6:30 p.m.) at Mayfair United Church Hall, 902 33rd Street West.

Agenda includes: year-end reports; resolutions; elections for three Board members.

A copy of the meeting package is available in advance by dropping in to the Saskatoon Community Clinic, downtown location, 455 2nd Avenue North, 7 days in advance of the meeting.

For more information refer to the Saskatoon Community Clinic Summer 2018 Focus Newsletter, linked at the end of this newsletter.

Pride Parade

Everyone is invited to march in the **Pride** Parade. The Saskatoon Community is participating in the parade carrying the banner "Celebrating Diversity". Members, patients, staff and their families are welcome to join our procession.

June 23, 2018

12:00 pm Parade Marshalling (Meet under the University Bridge to organize our group)

1:00 pm Parade Start

We encourage participants to dress in their favourite rainbow colour from head to toe. Don't feel like marching in the Parade? Come watch and cheer us on! Then stay for the afternoon and take in all the free activities! A list of events taking place this month can be found here:

<http://www.saskatoonpride.ca/events.html>

Volunteers Needed

The Community Clinic is seeking volunteers to assist in the following areas:

- Seniors Programs
- Landscaping
- Handicraft Club

Please contact Member Relations at (306) 664-4243 or member.relations@communityclinic.ca for more information.

Choosing Wisely Canada

The *Choosing Wisely Canada (CWC)* campaign is designed to help physicians and patients engage in conversations about unnecessary tests, treatments and procedures, and to help physicians and patients make smart and effective choices to ensure high-quality care.

The campaign includes plain language materials to help you learn about medical tests, treatments or procedures, when they are necessary and when they are not, and what patients can do to improve their health. We encourage you to visit their website to learn more at <http://www.choosingwiselycanada.org/>

Patient Reminder: To Book CDM Appointment

Call (306) 652-0300

Chronic Disease Management (CDM) Appointments

Patients with Diabetes, Heart Disease (CHF, CAD) or COPD

- Please make appointments **every 3 months** with your Physician or Nurse Practitioner.
- Request "CDM" Appointment.

For Patients with Diabetes

- Have lab tests done **1 week** prior to appointment.
- Once per year: fasting labs and meter check.
- Three times per year: non-fasting labs (HgA1C).
- Each visit: Bring your "Standing Order" Lab Requisition and home blood glucose records.

Invest in the Future of Your Health Care Co-operative

Your gifts to the Saskatoon Community Clinic Foundation are invested in new programs, equipment, therapies, research and resources that improve the quality of health care for Clinic members and the community. You can donate in-person at reception, by mail or online at www.canadahelps.ca Your donation will be recognized in our newsletter Focus, can be made in memory of another and an income tax receipt is issued. Monthly gifting and planned gifts are also always welcomed. Thank you to all for your support of our Foundation!

Focus Summer 2018 Newsletter Now Available on our Website

The Summer 2018 Focus newsletter is now available on our website <http://www.saskatooncommunityclinic.ca/focus-newsletter/>

Articles include:

- Board of Directors year-end report
- Blanket Exercise Illustrates our Shared History
- Universal Pharmacare
- Healthy Debate: Unbiased Facts, Informed Opinion

Have a great summer! Thank you for your on-going support of the Saskatoon Community Clinic.