



*Saskatoon
Community
Clinic*

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455 2nd Avenue North
Saskatoon, SK S7K 2C2
P: 306-652-0300

SURGERY CONSENT AND CARE COORDINATION Name: _____

Phone (306)652-0300 to confirm (or cancel) the procedure on
_____ before 2pm (2 working days prior to procedure).

Check-in at Registration at Saskatoon City Hospital on _____ at _____.

BEFORE THE PROCEDURE:

- Arrange a ride** – you are not able to drive yourself home from the hospital.
- NOTHING to eat from midnight** the night before your procedure.
- You can have clear liquids (black coffee or tea, water, clear juice (eg. apple not orange) until 1 hour before you check-in at hospital.
- Take all usual medications, unless otherwise directed by the doctor.
- If you are having an IUD inserted, remember to bring it with you.
- Do not wear makeup, nail polish or jewelry. Leave all valuables at home.
- Avoid alcohol and street drugs for 24 hours before and after the procedure (due to potential medication interactions).

DETAILS ABOUT THE PROCEDURE:

- Pregnancy options include parenting, adoption and abortion. An abortion is intended to end the pregnancy and empty tissue from the uterus.*
- If you have never had a vaginal delivery in the past, or if you are greater than 9 weeks and 0 days pregnant on the date of the procedure, you will be given a medication to help soften the cervix.
- You will be given an antibiotic prior to the procedure to decrease the risk of infection.
- Additional medications are given to help relax you, decrease pain or discomfort, and manage nausea. You will have intravenous and local freezing medications. You will be awake during the procedure, but you usually remember very little or nothing. In addition to *transient mental impairment and amnesia*, risks of these medications include *irritation or infection at the intravenous site, allergic or adverse reaction, unanticipated depth of sedation, cardiovascular and respiratory compromise, seizures, arrest and death.*
- The procedure is done by a physician with two nurses, including a nurse anesthetist.
- The procedure takes 5 – 10 minutes, but you will be in the hospital for about 3 – 4 hours.
- A speculum is inserted into the vagina (like a pap test) and tapered metal rods are gently inserted through the cervix to open it up. A small straw-like suction device is then used to remove the pregnancy tissue.* The pregnancy tissue is examined to confirm complete evacuation of the uterus.
- A dilation and curettage (D&C) is a very low risk procedure, not affecting future pregnancies. However, possible complications (1%) include *infection, bleeding, retained tissue or continuing pregnancy.* There is *less than a 1% chance that a repeat procedure will be required.* Extremely rare complications are *uterine perforation, damage to the uterus or surrounding structures/organs, hemorrhage requiring a blood transfusion, hysterectomy, and death.* The risk of death is at least 10-14 times lower with first trimester abortion than with childbirth.

WHAT HAPPENS RIGHT AFTER THE PROCEDURE:

- You can eat and drink right away. Avoid alcohol and street drugs for at least 24 hours.
- Due to possible transient mental impairment following the use of anesthesia DO NOT do anything requiring a judgment call for 24 hours following the procedure – do not drive a car, operate any machinery or sign legal documents.*

DETAILS ABOUT RECOVERY TIME:

- Cramps are normal after a D&C. Rest, heating pads, or medications you use for period cramps (such as ibuprofen, naprosyn, or acetaminophen) are helpful.
- No bleeding OR bleeding on and off for two (2) weeks after a D&C is normal.
- Bleeding and/or cramping will often increase with increased activity. You may pass clots.
- Pregnancy symptoms such as fatigue, nausea and breast tenderness resolve within one week.
- DO NOT use tampons or have sex for one week after surgery. You may bath and shower normally.

ABOUT BIRTH CONTROL

- If you are going to take the pill, patch or ring, start the day after the procedure.
- IUD (copper or hormone) can be inserted at the same time as the procedure. It should be checked monthly by you feeling for the strings.
- Depo-Provera, lasting 12 weeks, can be given at the hospital. This is offered free of charge.

PHONE 306-652-0300 or attend Emergency if you experience:

- signs of infection* – high fever (over 38 °C or 100.5 F) or foul-smelling vaginal discharge, or
- excessive bleeding* – soaking more than 2 maxi-pads per hour for more than 2 hours in a row, or
- severe abdominal pain* - after trying Ibuprofen, acetaminophen and heating pads, you still have severe unbearable cramps.

I, _____, consent to and authorize Dr. Pask to provide a surgical abortion to myself. The procedure has been explained to me and I understand the nature of the procedure. I have been given an opportunity to ask questions and have had my questions answered. *This decision is voluntary and without coercion.*

Verbal consent expressed by patient

Patient consented to receive this form and email risk waiver via email and accepts risks associated with email communication.

Patient Signature X _____ Date _____

Physician Signature _____ Date _____