

Saskatoon Community Clinic Health and Wellness Websites and Online Resources*

Updated September 2018

*In most cases local or provincial chapters are linked to national websites (i.e., Canadian Cancer Society), when this is the case only the national organization is listed.

All Health Topics

www.saskatchewan.ca/government/government-structure/ministries/health (Government of Saskatchewan – **Ministry of Health**)

www.uptodate.com/home/uptodate-benefits-patients (Up-to-date – **patient** links)

www.nhs.uk (**National Health Service** – UK)

www.myfavoritemedicine.com (**Videos** - Dr. Mike Evans)

www.mayoclinic.com (**Mayo Clinic**)

www.choosingwiselycanada.org (Reducing unnecessary tests & treatments in health care)

www.healthydebate.ca (Evidence based look at health care)

Family Health/Ages & Stages

www.caringforkids.cps.ca (Canadian **Paediatric** Society)

www.mothersrisk.org/women/index.jsp (**Hospital for Sick Children** -information about medications during **pregnancy** and **breastfeeding**)

www.scoa.ca (Saskatoon **Council on Aging**)

www.cnib.ca (Canadian National Institute for the **Blind**)

www.seniors.gc.ca (Government of Canada info for **seniors**)

Healthy Lifestyle/Prevention

www.dietitians.ca (**Dietitians** of Canada site)

www.eatracker.ca (sponsored by **Dietitians** of Canada)

www.unlockfood.ca (**Unlock Food** by Dietitians of Canada)

www.fightflu.ca (Government of **Canada**)

www.4flu.ca (Saskatchewan Health Authority **flu** information)

www.cpha.ca/vaccination (**Immunize** Canada)

www.naosh.org (North American **Occupational Safety and Health**)

www.skprevention.ca (Saskatchewan **Prevention** Institute)

www.who.int/en (**World Health Organization** [WHO])

Chronic Concerns

www.arthritis.ca (The **Arthritis** Society)

www.alz.co.uk (**Alzheimer's Disease** International)

www.ginasthma.org (Global Initiative for **Asthma**)

www.ccbnational.net (Canadian Council of the **Blind**)

www.cancer.ca (Canadian **Cancer** Society – Saskatchewan region)

www.celiac.ca (Canadian **Celiac** Association)

www.crohnsandcolitis.ca (**Crohn's and Colitis** Canada)

www.goldcopd.org (Global Initiative for Chronic Obstructive Lung Disease - **COPD**)

www.diabetes.ca (**Diabetes** Canada)
www.eczemahelp.ca (The **Eczema** Society of Canada)
www.purpleday.org (**Epilepsy** Resource Website)
www.badgut.org (**Gastrointestinal (GI)** Society)
www.glaucoma-association.com (International **Glaucoma** Association)
www.heartandstroke.com (**Heart and Stroke** Foundation)
www.hc-sc.gc.ca (**Health Canada** website)
www.catie.ca (**HIV and Hep C** resources)
www.huntingtonsociety.ca (**Huntington** Society of Canada)
www.ish-world.com (International Society of **Hypertension**)
www.kidney.ca (**Kidney** Foundation of Canada)
www.liver.ca (Canadian **Liver** Foundation)
www.lung.ca (The **Lung** Association)
www.lupuscanada.org (**Lupus** Canada)
www.mssociety.ca (**Multiple Sclerosis** Society of Canada)
www.osteoporosis.ca (**Osteoporosis** Canada)
www.canadianpainsociety.ca (Canadian **Pain** Society)
www.parkinson.ca (**Parkinson** Society Canada)
www.canadianpsoriasis.ca (CAPP/ACPP – Canadian Association of **Psoriasis** Patients)
www.phacanada.ca (**Pulmonary Hypertension** Association of Canada)

Women's Health

www.waba.org.my (World Alliance for **Breastfeeding** Action)
www.endometriosis.org (**Endometriosis** Org)
www.menopauseandu.ca (**Menopause** - Society of Obstetricians & Gynaecologists of Canada)
www.paptestinfo.ca (Information about **Cervical Screening**, Society of Canadian Colposcopists)

Sexual Health

www.sexualityandu.ca (Society of **Obstetricians & Gynaecologists** of Canada)
www.cfsh.ca (Action Canada for **Sexual Health & Rights**)
www.homophobiaday.org (International Day against **Homophobia** and **Transphobia**)
www.skprevention.ca (**Saskatchewan Prevention Institute** – our goal is healthy children)

Mental Health

www.anxietybc.com (**Anxiety** BC)
www.anxietycentre.com (**Anxiety** Centre)
www.adaa.org (**Anxiety and Depression** Association of America)
www.autismspeaks.org (**Autism** Speaks)
www.braincanada.ca (**Brain** Canada Foundation)
www.biac-aclc.ca (**Brain Injury** Association of Canada)
www.braintumour.ca (**Brain Tumour** Foundation of Canada)
www.nedic.ca (National **Eating Disorder** Information Centre)
www.cmha.ca (Canadian **Mental Health** Association)
www.saskatoon.cmha.ca (Canadian **Mental Health** Association – Saskatchewan Division)
www.nimh.nih.gov (National Institute of **Mental Health**/National Institutes of Health)

www.camimh.ca (Canadian Alliance on **Mental Illness** and Mental Health)
www.depressionhurts.ca (**Mood Disorders** Society of Canada)
www.schizophrenia.sk.ca (**Schizophrenia** Society of Saskatchewan – Saskatoon Chapter)
www.onlinetherapyuser.ca (Department of Psychology, U of R, Regina, SK)

Patient Advocacy and Experience

www.patient-experience.org (Association for Patient Experience)
www.engagingthepatient.com (Patient blogging about experiencing health care system)
www.ipfcc.org/ (Institute for **Patient** and **Family**-Centered Care)
www.saskatchewan.ca/government/health-care-administration-and-provider-resources/saskatchewan-health-initiatives/patient-and-family-centred-care (**Patient** and **Family** Centered Care)
www.theberylstitute.org/ (The Beryl Institute – **Improve Patient Experience**)

Health Professional Websites

www.dietitians.ca (**Dietitians** of Canada)
www.cfpc.ca/Home/ (College of **Family Physicians** of Canada)
www.cma.ca (Canadian **Medical** Association)
www.cna-aiic.ca/en (Canadian **Nurses** Association)
www.caot.ca (Canadian Association of **Occupational Therapists**)
www.opto.ca (Canadian Association of **Optometrists**)
www.pharmacists.ca (Canadian **Pharmacists** Association)
www.physiotherapy.ca (Canadian **Physiotherapy** Association)
www.podiatrycanada.org (Canadian **Podiatric** Medical Association)
www.psychiatry.org (American **Psychiatric** Association)
www.cpa.ca (Canadian **Psychological** Association)
www.casw-acts.ca (Canadian Association of **Social Workers**)
www.sasw.ca (Saskatchewan Association of **Social Workers**)
www.rpnas.com (Registered **Psychiatric Nurses** Association of Saskatchewan)

